

Health & Social Care eLearning




Your workplace could definitely benefit from health and social care knowledge - including equality, diversity and discrimination among others. We have a wide variety of health and social care eLearning courses available.

A List of Our Health & Social Care eLearning Courses:

- Equality, Diversity and Discrimination
- Safeguarding Adults
- Introduction to Safe Handling of Medicines
- Prevent Duty
- Dementia Awareness
- Your Role in Care
- Mental Capacity Act and Deprivation of Liberty
- Nutrition and Hydration
- Health and Safety in a Care Setting
- Principles of Communication
- End-of-Life Care
- Dignity and Privacy
- Personal Development
- Person-Centered Care
- Handling Information in a Care Setting
- Sharps Awareness
- Diabetes Awareness
- Stroke Aware
- Duty of Care

**Optimum
Safety.**

01522 527 544 

Info@optimum-safety.co.uk 

Optimum Safety Limited No.10745542

Our eLearning Information



Scan this QR code to
view all of our courses



Our wide range of online courses written by industry experts allow you and your team to be compliant whilst benefitting from the flexibility of everywhere learning – not limited by place or time.

We have over 100 courses to choose from, including Health and Safety, Business Skills, Construction Safety, Hospitality, Food Hygiene, Employee Wellbeing, Fire Safety, and more.

We also provide bespoke face-to-face training e.g., site safety awareness, manual handling, and working at height. Our courses have the appropriate approvals and accreditations from highly regarded organisations and contribute to CPD.

Individual eLearning courses are priced from just £15. Contact us to discuss bulk discounts or unlimited access subscriptions. Optimum Safety's valued clients also receive a further 20% reduction on all listed prices.

To buy our courses, or for further information, contact the team using our contact details at the bottom of this leaflet.

**Optimum
Safety.**

01522 527 544 

Info@optimum-safety.co.uk 

Optimum Safety Limited No.10745542